



The Re-Invention Room™  
Presents



# STIRLING FITNESS

Fitness Pilates  
Personal Training  
Circuits  
Men on Mats  
Running Club  
Luxury Boutique Fitness  
Private Classes Arranged to Suit

*Ante/Post Natal classes coming soon...*

## GET FIT NOW!

07933 911 522  
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ENJOY YOUR  
FIRST CLASS  
FREE WITH THIS VOUCHER

Re-invent Yourself...

Please call 07933 911522 to book your course and bring along this voucher.